



BRONTE COLLEGE WEEKLY MENU (WEEK 1 - APRIL 29 - MAY 5, 2024)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	<ul style="list-style-type: none">Assorted MuffinsSausage PattyYogurtHard-Boiled EggCereal/Milk	<ul style="list-style-type: none">Assorted BagelHard-Boiled EggBreakfast PattyYogurtCereal/Milk	<ul style="list-style-type: none">Cold CutsSteamed BunsFrittataYogurtCereal/Milk	<ul style="list-style-type: none">PancakesScrambled EggsBaconYogurtCereal/Milk	<ul style="list-style-type: none">Rasin BreadOmeletteSausageHashbrownsYogurtCereal/Milk	(Brunch)	(Brunch)
	<ul style="list-style-type: none">Seasonal Fruits						
LUNCH	<ul style="list-style-type: none">HK Baked Tomato Pork Chop RiceGreek-style Lemon PotatoesChicken EnchiladasGrilled Seasonal VegetableVeg: Persian Kotlet - Food CommitteeHalal: Mexican Beef Soup	<ul style="list-style-type: none">One- Pan-JambalayaMacao Garlic Beef Stir FryGarlic RiceSteamed Seasonal VegetableVeg: Stew Tofu with VegetablesHalal: Macao Garlic Beef Stir Fry	<ul style="list-style-type: none">Chicken with Red Thai SauceSweet Potato FriesBeef Cheese Burger - Student SurveyStir-Fried Seasonal VegetableVeg: Perogies with OnionsHalal: Chicken with Red Thai Sauce	<ul style="list-style-type: none">Chipotle Lime Chicken TacosSpicy Korean BBQ Pork - Food CommitteeSeasoned RiceVeg: Black Bean and Cheese EnchiladasHalal: Chipotle Lime Chicken Tacos	<ul style="list-style-type: none">Indian Shrimp CurryHungarian Chicken PaprikashIndian Pilau RiceCreamed SpinachVeg: Potato Stew - Food CommitteeHalal: Indian Shrimp Curry	<ul style="list-style-type: none">Smoked Salmon Eggs BenedictSamosaChicken Fried Rice - Food CommitteeYogurtCereal/MilkStir-Fried Seasonal VegetableCongeeVeg: Eggs & Tomato BenedictHalal: White Bean Beef ChiliSeasonal FruitsSalad	<ul style="list-style-type: none">Chicken Caesar WrapCreamy Au Gratin PotatoesSausage & Egg CasseroleCereal/MilkCongeeVeg: Warm Corn & Avocado SaladHalal: Chicken Caesar WrapSeasonal FruitsSalad
	<ul style="list-style-type: none">Seasonal Fruits & Salad						
SALAD BAR	<ul style="list-style-type: none">Corn and Black-Eye Pea SaladRomaine	<ul style="list-style-type: none">Greek SaladGardenSalad	<ul style="list-style-type: none">Mixed Beans SaladMixed Greens	<ul style="list-style-type: none">Dill Cucumber SaladRomaine	<ul style="list-style-type: none">Chickpea SaladIceberg		
DINNER	<ul style="list-style-type: none">Indonesian Beef SatayCod Fish CakesFrench BaguettePizzaSteamed Seasonal VegetablesCongeeVeg: Carribean Vegetarian FricasseeHalal: Seafood Creole	<ul style="list-style-type: none">Nigerian Chicken Fried Rice - Food CommitteeLinguine With Tuna PuttanescaEgyptian Spicy Ketchup PotatoesPizzaEthiopian Stir Fry CabbageCongeeVeg: Aloo Gobi MasalaHalal: Linguine With Tuna Puttanesca	<ul style="list-style-type: none">Baked Ribs with Chipotle SauceBrazilian White RiceGarlic Shrimp - Food CommitteePizzaStir-Fried Seasonal VegetablesCongeeVeg: Spanish Tofu W/ LentilsHalal: Garlic Shrimp - Food Committee	<ul style="list-style-type: none">Maple-Glazed PorkMushroom RisottoFilipino Adobo Chicken With GingerPizzaSpicy Indian Green BeansCongeeVeg: Mushroom RisottoHalal: Filipino Adobo Chicken With Ginger	<ul style="list-style-type: none">Chef’s SpecialSushiMashed PotatoesPizzaGrilled Seasonal VegetableCongeeVeg: SushiHalal: Sushi	<ul style="list-style-type: none">El Pollo Rico - Peruvian Roast ChickenBeef LasagnaSteamed PotatoesBaked Seasonal VegetablesVeg: Tuscan Garlic Beans and Vegetables WrapHalal: El Pollo Rico - Peruvian Roast Chicken	<ul style="list-style-type: none">Malaysian Beef RendangPaprika Chicken & SpinachOnion RiceGrilled Seasonal VegetableVeg: Braised Chickpeas W/ PotatoesHalal: Braised Beef W/ Potatoes
	<ul style="list-style-type: none">Seasonal Fruits & Salad						
	Snack (9:00pm - 9:30pm)						

- Menu items are subject to change upon availability
- Breakfast: unlimited whole wheat toast, 2% milk, oatmeal is provided every morning & assorted juices provided daily.
- Dinner: unlimited serving
- Salad Bar: unlimited self-serving



BRONTE COLLEGE WEEKLY MENU (WEEK 4 - APRIL 22 - 28, 2024)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	<ul style="list-style-type: none">Assorted MuffinsHard-Boiled EggCold CutsYogurtCereal/Milk	<ul style="list-style-type: none">Assorted BagelSunny Side EggsBreakfast PattyYogurtCereal/Milk	<ul style="list-style-type: none">Steamed BunsHashbrownsFrittataYogurtCereal/Milk	<ul style="list-style-type: none">PancakesBaconScrambled EggsYogurtCereal/Milk	<ul style="list-style-type: none">WafflesOmeletteSausageYogurtCereal/Milk		
	<ul style="list-style-type: none">Seasonal Fruits						
LUNCH	<ul style="list-style-type: none">Chicken Burger & Sweet Potatoes Fries - Student SurveyGrilled Asian Ginger Pork ChopsTortillaBaked Seasonal VegetableVeg: Greek MoussakaHalal: Chicken Burger & Sweet Potatoes Fries - Student Survey	<ul style="list-style-type: none">Southwest Turkey Mac n CheeseButter PastaGamjatang - Korean Pork Bone SoupSteamed Seasonal VegetableVeg: Smoky White Bean ShakshukaHalal: Southwest Turkey Mac n Cheese	<ul style="list-style-type: none">Moqueca Baiana - Brazilian Fish StewChinese Chicken Curry - Mrs. MpigiCoconut RiceGrilled Seasonal VegetableVeg: Artichoke Spinach Lasagna - Food CommitteeHalal: Moqueca Baiana - Brazilian Fish Stew	<ul style="list-style-type: none">Chicken Alfredo PastaBay Leaf RiceBi Bim Bap - Korean Mixed RiceMaple Dill CarrotsVeg: Bi Bim Bap - Korean Mixed RiceHalal: Chicken Alfredo Pasta	<ul style="list-style-type: none">Fish & ChipsButter Milk ChickenFrench FriesCumin Lime ColeslawVeg: Thai'd Up Quesadilla - Food CommitteeHalal: Butter Milk Chicken	(Brunch) <ul style="list-style-type: none">Crispy Lemon ChickenSpaghetti with Sausages - Food CommitteeTurkish MenemenSteamed Seasonal VegetableVeg: Onion and White Bean BakeHalal: Baked Chicken Cordon Bleu - Food CommitteeSeasonal FruitsSalad	(Brunch) <ul style="list-style-type: none">Spinach QuicheChicken , Shrimp-Fried Rice - Student SurveySteamed Seasonal VegetableVeg: Omlette RiceHalal: Chicken - Fried Rice - Student SurveySeasonal FruitsSalad
	<ul style="list-style-type: none">Seasonal Fruits & Salad						
SALAD BAR	<ul style="list-style-type: none">Bacon Potato SaladRomaine	<ul style="list-style-type: none">Kimchi SaladGarden Salad	<ul style="list-style-type: none">ColeslawMixed Greens	<ul style="list-style-type: none">Hawaiian Macaroni SaladRomaine	<ul style="list-style-type: none">Tomato and Cucumber SaladIceberg		
DINNER	<ul style="list-style-type: none">Kedjenou Chicken - Mrs. MpigiLemon Thyme RiceSausage - Basil & Mustard - Pasta - Student SurveyPizzaPineapple SalsaVeg: Hawaiian Luau Barbecued GlutenHalal: Sausage - Basil & Mustard - Pasta - Student Survey	<ul style="list-style-type: none">Indian Butter ChickenBraised BeefRotiPizzaIndian Spiced CauliflowerVeg: Indian Butter PaneerHalal: Indian Butter Chicken	<ul style="list-style-type: none">Mapo TofuDinner RollCilantro lime ChickenPizzaCharred Green BeansVeg: Mapo TofuHalal: Cilantro lime Chicken	<ul style="list-style-type: none">Caribbean Beef StewSpanish Spiced Rubbed ChickenCarrot RiceTurkish lahmacun (pizza) - Student SurveySouthern Fried CabbageVeg: Steam Egg W/ MushroomHalal: Spanish Spiced Rubbed Chicken	<ul style="list-style-type: none">Chef's SpecialSushiSeasweed SaladEdamameVeg: SushiHalal: Sushi	<ul style="list-style-type: none">Mexican Pork in Tomatillo SauceFilipino Beef SalpicaoGarlic Cilantro Lime RiceBaked Seasonal VegetablesVeg: Spicy Potato CurryHalal: Spanish Chicken & Potato Roast	<ul style="list-style-type: none">Nigerian Tomato Stew - Student SurveyCrispy Shrimp PastaRice with LentilsStir-Fried Seasonal VegetableVeg: Moroccan Lentils StewHalal: Crispy Shrimp Pasta
	<ul style="list-style-type: none">Seasonal Fruits & Salad						
	Snack (9:00pm - 9:30pm)						

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- Breakfast: unlimited whole wheat toast, 2% milk, oatmeal is provided every morning & assorted juices provided daily.
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