



BRONTE COLLEGE WEEKLY MENU (WEEK 1 - DECEMBER 1 - 7, 2025)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	<ul style="list-style-type: none"><li>Assorted Muffins</li><li>Hard-Boiled Egg</li><li>Cold Cuts</li><li>Yogurt</li><li>Cereal/Milk</li></ul>	<ul style="list-style-type: none"><li>Assorted Bagel</li><li>Sunny Side Eggs</li><li>Breakfast Patty</li><li>Yogurt</li><li>Cereal/Milk</li></ul>	<ul style="list-style-type: none"><li>Steamed Buns</li><li>Hashbrowns</li><li>Frittata</li><li>Yogurt</li><li>Cereal/Milk</li></ul>	<ul style="list-style-type: none"><li>Pancakes</li><li>Bacon</li><li>Scrambled Eggs</li><li>Yogurt</li><li>Cereal/Milk</li></ul>	<ul style="list-style-type: none"><li>Waffles</li><li>Omelette</li><li>Sausage</li><li>Yogurt</li><li>Cereal/Milk</li></ul>		
	<ul style="list-style-type: none"><li>Seasonal Fruits</li></ul>						
LUNCH	<ul style="list-style-type: none"><li>Chicken Burger &amp; Sweet Potatoes Fries - Student Survey</li><li>Grilled Asian Ginger Pork Chops</li><li>Tortilla</li><li>Baked Seasonal Vegetable</li><li><b>Veg:</b> Greek Moussaka</li><li><b>Halal:</b> Chicken Burger &amp; Sweet Potatoes Fries - Student Survey</li></ul>	<ul style="list-style-type: none"><li>Southwest Turkey Mac n Cheese</li><li>Butter Pasta</li><li>Gamjatang - Korean Pork Bone Soup</li><li>Steamed Seasonal Vegetable</li><li><b>Veg:</b> Smoky White Bean Shakshuka</li><li><b>Halal:</b> Southwest Turkey Mac n Cheese</li></ul>	<ul style="list-style-type: none"><li>Moqueca Baiana - Brazilian Fish Stew</li><li>Chinese Chicken Curry - Mrs. Mpigi</li><li>Coconut Rice</li><li>Grilled Seasonal Vegetable</li><li><b>Veg:</b> Artichoke Spinach Lasagna - Food Committee</li><li><b>Halal:</b> Moqueca Baiana - Brazilian Fish Stew</li></ul>	<ul style="list-style-type: none"><li>Chicken Alfredo Pasta</li><li>Bay Leaf Rice</li><li>Bi Bim Bap - Korean Mixed Rice</li><li>Maple Dill Carrots</li><li><b>Veg:</b> Bi Bim Bap - Korean Mixed Rice</li><li><b>Halal:</b> Chicken Alfredo Pasta</li></ul>	<ul style="list-style-type: none"><li>Fish &amp; Chips</li><li>Butter Milk Chicken</li><li>French Fries</li><li>Cumin Lime Coleslaw</li><li><b>Veg:</b> Thai'd Up Quesadilla - Food Committee</li><li><b>Halal:</b> Butter Milk Chicken</li></ul>	<b>(Brunch)</b> <ul style="list-style-type: none"><li>Crispy Lemon Chicken</li><li>Spaghetti with Sausages - Food Committee</li><li>Turkish Menemen</li><li>Steamed Seasonal Vegetable</li><li><b>Veg:</b> Onion and White Bean Bake</li><li><b>Halal:</b> Baked Chicken Cordon Bleu - Food Committee</li><li>Seasonal Fruits</li><li>Salad</li></ul>	<b>(Brunch)</b> <ul style="list-style-type: none"><li>Spinach Quiche</li><li>Chicken , Shrimp-Fried Rice - Student Survey</li><li>Steamed Seasonal Vegetable</li><li><b>Veg:</b> Omlette Rice</li><li><b>Halal:</b> Chicken - Fried Rice - Student Survey</li><li>Seasonal Fruits</li><li>Salad</li></ul>
	<ul style="list-style-type: none"><li>Seasonal Fruits &amp; Salad</li></ul>						
SALAD BAR	<ul style="list-style-type: none"><li>Bacon Potato Salad</li><li>Romaine</li></ul>	<ul style="list-style-type: none"><li>Kimchi Salad</li><li>Garden Salad</li></ul>	<ul style="list-style-type: none"><li>Coleslaw</li><li>Mixed Greens</li></ul>	<ul style="list-style-type: none"><li>Hawaiian Macaroni Salad</li><li>Romaine</li></ul>	<ul style="list-style-type: none"><li>Tomato and Cucumber Salad</li><li>Iceberg</li></ul>		
DINNER	<ul style="list-style-type: none"><li>Kedjenou Chicken - Mrs. Mpigi</li><li>Lemon Thyme Rice</li><li>Sausage - Basil &amp; Mustard - Pasta - Student Survey</li><li>Pizza</li><li>Pineapple Salsa</li><li><b>Veg:</b> Hawaiian Luau Barbecued Gluten</li><li><b>Halal:</b> Sausage - Basil &amp; Mustard - Pasta - Student Survey</li></ul>	<ul style="list-style-type: none"><li>Indian Butter Chicken</li><li>Braised Beef</li><li>Roti</li><li>Pizza</li><li>Indian Spiced Cauliflower</li><li><b>Veg:</b> Indian Butter Paneer</li><li><b>Halal:</b> Indian Butter Chicken</li></ul>	<ul style="list-style-type: none"><li>Mapo Tofu</li><li>Dinner Roll</li><li>Cilantro lime Chicken</li><li>Pizza</li><li>Charred Green Beans</li><li><b>Veg:</b> Mapo Tofu</li><li><b>Halal:</b> Cilantro lime Chicken</li></ul>	<ul style="list-style-type: none"><li>Caribbean Beef Stew</li><li>Spanish Spiced Rubbed Chicken</li><li>Carrot Rice</li><li>Turkish lahmacun ( pizza) - Student Survey</li><li>Southern Fried Cabbage</li><li><b>Veg:</b> Steam Egg W/ Mushroom</li><li><b>Halal:</b> Spanish Spiced Rubbed Chicken</li></ul>	<ul style="list-style-type: none"><li>Chef's Special</li><li>Sushi</li><li>Seasweed Salad</li><li>Edamame</li><li><b>Veg:</b> Sushi</li><li><b>Halal:</b> Sushi</li></ul>	<ul style="list-style-type: none"><li>Mexican Pork in Tomatillo Sauce</li><li>Filipino Beef Salpicao</li><li>Garlic Cilantro Lime Rice</li><li>Baked Seasonal Vegetables</li><li><b>Veg:</b> Spicy Potato Curry</li><li><b>Halal:</b> Spanish Chicken &amp; Potato Roast</li></ul>	<ul style="list-style-type: none"><li>Nigerian Tomato Stew - Student Survey</li><li>Crispy Shrimp Pasta</li><li>Rice with Lentils</li><li>Stir-Fried Seasonal Vegetable</li><li><b>Veg:</b> Moroccan Lentils Stew</li><li><b>Halal:</b> Crispy Shrimp Pasta</li></ul>
	<ul style="list-style-type: none"><li>Seasonal Fruits &amp; Salad</li></ul>						
	Snack (9:00pm - 9:30pm)						

- Menu items are subject to change upon availability  
- Breakfast: unlimited whole wheat toast, 2% milk, oatmeal is provided every morning & assorted juices provided daily.  
- Dinner: unlimited serving  
- Salad Bar: unlimited self-serving



BRONTE COLLEGE WEEKLY MENU (WEEK 4 - NOVEMBER 24 - 30, 2025)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	<ul style="list-style-type: none"><li>Assorted Muffins</li><li>Sausage Patty</li><li>Hard-Boiled Eggs</li><li>Yogurt</li><li>Cereal/Milk</li></ul>	<ul style="list-style-type: none"><li>Assorted Bagel</li><li>Cold Cuts</li><li>Sunny Side Egg</li><li>Yogurt</li><li>Cereal/Milk</li></ul>	<ul style="list-style-type: none"><li>Waffles</li><li>Steamed Buns</li><li>Yogurt</li><li>Frittata</li><li>Breakfast Patty</li><li>Cereal/Milk</li></ul>	<ul style="list-style-type: none"><li>Banana Bread</li><li>Bacon</li><li>Hard-Boiled Egg</li><li>Yogurt</li><li>Cereal/Milk</li></ul>	<ul style="list-style-type: none"><li>English Muffins</li><li>Omelette</li><li>Sausage</li><li>Cheese</li><li>Yogurt</li><li>Cereal/Milk</li></ul>	(Brunch)	(Brunch)
	<ul style="list-style-type: none"><li>Seasonal Fruits</li></ul>						
LUNCH	<ul style="list-style-type: none"><li>Shrimp &amp; Creamy Chipotle Pasta</li><li>Malaysian Fried Chicken</li><li>Mashed Potatoes</li><li>Steamed Seasonal Vegetable</li><li>Veg: Mexican Rice Salad</li><li>Halal: Malaysian Fried Chicken</li></ul>	<ul style="list-style-type: none"><li>JapChae Noodles</li><li>Harissa Chicken -Mrs. Mpigi</li><li>Onion Rings</li><li>Grilled Seasonal Vegetable</li><li>Veg: Tofu and Basil Calzones</li><li>Halal: Crispy Parmesan Chicken - Food Committee</li></ul>	<ul style="list-style-type: none"><li>Hawaiian Loco Moco (Beef)</li><li>Tteokbokki (Korean Rice Cake) - Food Committee</li><li>Baked Seasonal Vegetable</li><li>Veg: Tteokbokki (Korean Rice Cake) - Food Committee</li><li>Halal: Tteokbokki (Korean Rice Cake) - Food Committee</li></ul>	<ul style="list-style-type: none"><li>Spaghetti and Meatballs - Food Committee</li><li>French Fries</li><li>Zesty Pulled Pork Sandwiches</li><li>Steamed Seasonal Vegetables</li><li>Veg: Zesty Vegetarian Sandwiches</li><li>Halal: Spaghetti and Meatballs - Food Committee</li></ul>	<ul style="list-style-type: none"><li>Steamed Tofu with Shrimp</li><li>Nigerian Beef Stew - Student Survey</li><li>Tortilla wraps</li><li>Turkish Hummus</li><li>Veg: Steamed Tofu</li><li>Halal: Nigerian Beef Stew - Student Survey</li></ul>	<ul style="list-style-type: none"><li>Roasted Sweet Potatoes - Food Committee</li><li>Waffles</li><li>French Roast Duck W/ Orange Sauce</li><li>Blender Hollandaise Sauce</li><li>Cereal/Milk</li><li>Steamed Seasonal Vegetable</li><li>Congee</li><li>Veg: Cheese Quiche - Food Committee</li><li>Halal: Middle Eastern Chicken and Rice</li></ul>	<ul style="list-style-type: none"><li>Tomato &amp; Egg - Student Survey</li><li>Breakfast Egg Muffins</li><li>Club Sandwiches - Food Committee</li><li>Yogurt</li><li>Cereal/Milk</li><li>Grilled Seasonal Vegetable</li><li>Congee</li><li>Veg: Club Sandwiches - Food Committee</li><li>Halal: Club Sandwiches - Food Committee</li><li>Seasonal Fruits</li><li>Salad</li></ul>
	<ul style="list-style-type: none"><li>Seasonal Fruits &amp; Salad</li></ul>					<ul style="list-style-type: none"><li>Seasonal Fruits</li></ul>	Salad
	SALAD BAR	<ul style="list-style-type: none"><li>Bacon Potato Salad</li><li>Romaine</li></ul>	<ul style="list-style-type: none"><li>Kimchi Salad</li><li>Garden Salad</li></ul>	<ul style="list-style-type: none"><li>Coleslaw</li><li>Mixed Greens</li></ul>	<ul style="list-style-type: none"><li>Hawaiian Macaroni Salad</li><li>Romaine</li></ul>	<ul style="list-style-type: none"><li>Tomato and Cucumber Salad</li><li>Iceberg</li></ul>	
DINNER	<ul style="list-style-type: none"><li>Taiwanese Three Cup Chicken</li><li>Beef Stew - Food Committee</li><li>Naan</li><li>Stir-Fried Seasonal Vegetables</li><li>Veg: Mushroom Paella Noodle</li><li>Halal: Beef Stew - Food Committee</li></ul>	<ul style="list-style-type: none"><li>Spicy Pork &amp; Chili-Pepper Goulash</li><li>Jamaican -Jerk- Chicken</li><li>Oven-Baked Potato Wedges</li><li>Steamed Seasonal Vegetables</li><li>Veg: Crunchy Parmesan Cutlet</li><li>Halal: Jamaican -Jerk- Chicken</li></ul>	<ul style="list-style-type: none"><li>Beef Tagine - Mrs. Mpigi</li><li>Nigerian Jollof Rice - Food Committee</li><li>Seafood Chow Mein</li><li>Stir-Fried Seasonal Vegetables</li><li>Veg: Extreme Vegetables With Jollof Rice</li><li>Halal: Seafood Chow Mein</li></ul>	<ul style="list-style-type: none"><li>Malaysian Beef W/ Spicy Sauce</li><li>Dinner Roll</li><li>Sauerkraut</li><li>Bohemian -Pot- Roast</li><li>Herbed Pasta</li><li>Steamed Seasonal Vegetable</li><li>Veg: Kotlet - Food Committee</li><li>Halal: Bohemian -Pot- Roast</li></ul>	<ul style="list-style-type: none"><li>Chef’s Special</li><li>Cheesy Mushroom and Broccoli Casserole</li><li>Steamed Seasonal Vegetable</li><li>Veg: English Pie</li><li>Halal: English Fish Pie</li></ul>	<ul style="list-style-type: none"><li>Indonesian Meatballs</li><li>Korean Beef Bulgogi</li><li>Pineapple Cilantro Rice</li><li>Baked Seasonal Vegetables</li><li>Veg: Cuban Black Bean Patties with Pineapple Cilantro Rice</li><li>Halal: Indonesian Meatballs</li></ul>	<ul style="list-style-type: none"><li>Beef and Cabbage Stir Fry - Food Committee</li><li>Egyptian Lentils Rice with Tomatoes</li><li>Smoky BBQ Ribs</li><li>Stir-Fried Seasonal Vegetable</li><li>Veg: Tofu and Cabbage Stir Fry - Food Committee</li><li>Halal: Beef and Cabbage Stir Fry - Food Committee</li></ul>
	<ul style="list-style-type: none"><li>Seasonal Fruits &amp; Salad</li></ul>					<ul style="list-style-type: none"><li>Seasonal Fruits &amp; Salad</li></ul>	
	Snack (9:00pm - 9:30pm)						

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