

BRONTE COLLEGE WEEKLY MENU (WEEK 2 - DECEMBER 8 - 14, 2025)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Assorted MuffinsSausage PattyYogurtHard-Boiled EggCereal/Milk	Assorted BagelHard-Boiled EggBreakfast PattyYogurtCereal/Milk	Cold CutsSteamed BunsFrittataYogurtCereal/Milk	PancakesScrambled EggsBaconYogurtCereal/Milk	Rasin BreadOmeletteSausageHashbrownsYogurtCereal/Milk		
			(Brunch)				
LUNCH	 HK Baked Tomato Pork Chop Rice Greek-style Lemon Potatoes Chicken Enchiladas Grilled Seasonal Vegetable Veg: Persian Kotlet - Food Committee Halal: Mexican Beef Soup 	 Macao Garlic Beef Stir Fry Garlic Rice Steamed Seasonal Vegetable 	 Chicken with Red Thai Sauce Sweet Potato Fries Beef Cheese Burger - Student Survey Stir-Fried Seasonal Vegetable Veg: Perogies with Onions Halal: Chicken with Red Thai Sauce 	 Chipotle Lime Chicken Tacos Spicy Korean BBQ Pork Food Committee Seasoned Rice Veg: Black Bean and Cheese Enchiladas Halal: Chipotle Lime Chicken Tacos 	 Indian Shrimp Curry Hungarian Chicken Paprikash Indian Pilau Rice Creamed Spinach Veg: Potato Stew - Food Committee Halal: Indian Shrimp Curry 	 Smoked Salmon Eggs Benedict Samosa Chicken Fried Rice - Food Committee Yogurt Cereal/Milk Stir-Fried Seasonal Vegetable Congee Veg: Eggs & Tomato Benedict Halal: White Bean Beef Chili Seasonal Fruits Salad 	(Brunch) Chicken Caesar Wrap Creamy Au Gratin Potatoes Sausage & Egg Casserole Cereal/Milk Congee Veg: Warm Corn & Avocado Salad Halal: Chicken Caesar Wrap Seasonal Fruits Salad
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SALAD BAR	• Corn and Black-Eye Pea Salad • Romaine	Greek Salad GardenSalad	 Mixed Beans Salad Mixed Greens	Dill Cucumber SaladRomaine	Chickpea Salad Iceberg		
DINNER	 Indonesian Beef Satay Cod Fish Cakes French Baguette Pizza Steamed Seasonal Vegetables Congee Veg: Carribean Vegetarian Fricassee Halal: Seafood Creole 	 Nigerian Chicken Fried Rice - Food Committee Linguine With Tuna Puttanesca Egytian Spicy Ketchup Potatoes Pizza Ethiopian Stir Fry Cabbage Congee Veg: Aloo Gobi Masala Halal: Linguine With Tuna Puttanesca 	 Baked Ribs with Chipotle Sauce Brazilian White Rice Garlic Shrimp Food Committee Pizza Stir-Fried Seasonal Vegetables Congee Veg: Spanish Tofu W / Lentils Halal: Garlic Shrimp Food Committee 	 Maple-Glazed Pork Mushroom Risotto Filipino Adobo Chicken With Ginger Pizza Spicy Indian Green Beans Congee Veg: Mushroom Risotto Halal: Filipino Adobo Chicken With Ginger 	 Chef's Special Sushi Mashed Potatoes Pizza Grilled Seasonal Vegetable Congee Veg: Sushi Halal: Sushi 	 El Pollo Rico - Peruvian Roast Chicken Beef Lasagna Steamed Potatoes Baked Seasonal Vegetables Veg: Tuscan Garlic Beans and Vegetables Wrap Halal: El Pollo Rico - Peruvian Roast Chicken 	 Malaysian Beef Rendang Paprika Chicken & Spinach Onion Rice Grilled Seasonal Vegetable Veg: Braised Chickpeas W/ Potatoes Halal: Braised Beef W/ Potatoes
		•	Seasonal Fruits & Sala	<u>'</u>	• Seasonal F	ruits & Salad	
		Snack (9:00p	om - 9:30pm)				

<sup>Menu items are subject to change upon availability
Breakfast: unlimited whole wheat toast, 2% milk, oatmeal is provided every morning & assorted juices provided daily.
Dinner: unlimited serving
Salad Bar: unlimited self-serving</sup>



BRONTE COLLEGE WEEKLY MENU (WEEK 1 - DECEMBER 1 - 7, 2025)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Assorted MuffinsHard-Boiled EggCold CutsYogurtCereal/Milk	Assorted BagelSunny Side EggsBreakfast PattyYogurtCereal/Milk	 Steamed Buns Hashbrowns Frittata Yogurt Cereal/Milk Seasonal Fruits 	PancakesBaconScrambled EggsYogurtCereal/Milk	WafflesOmeletteSausageYogurtCereal/Milk	(Brunch) • Crispy Lemon Chicken • Spaghetti with Sausages - Food Committee • Turkish Menemen • Steamed Seasonal Vegetable • Veg: Onion and White Bean Bake • Halal: Baked Chicken Cordon Bleu - Food Committee • Seasonal Fruits • Salad	(Brunch) • Spinach Quiche • Chicken , Shrimp-Fried Rice - Student Survey • Steamed Seasonal Vegetable • Veg: Omlette Rice • Halal: Chicken - Fried Rice - Student Survey • Seasonal Fruits • Salad
LUNCH	 Chicken Burger & Sweet Potatoes Fries Student Survey Grilled Asian Ginger Pork Chops Tortilla Baked Seasonal Vegetable Veg: Greek Moussaka Halal: Chicken Burger & Sweet Potatoes Fries - Student Survey 	 Southwest Turkey Mac n Cheese Butter Pasta Gamjatang - Korean Pork Bone Soup Steamed Seasonal Vegetable Veg: Smoky White Bean Shakshuka Halal: Southwest Turkey Mac n Cheese 	 Moqueca Baiana Brazilian Fish Chinese Chicken Curry Mrs. Mpigi Coconut Rice Grilled Seasonal Vegetable Veg: Artichoke Spinach Lasagna Food Committee Halal: Moqueca Baiana - Brazilian Fish Stew 	 Chicken Alfredo Pasta Bay Leaf Rice Bi Bim Bap - Korean Mixed Rice Maple Dill Carrots Veg: Bi Bim Bap - Korean Mixed Rice Halal: Chicken Alfredo Pasta 	 Fish & Chips Butter Milk Chicken French Fries Cumin Lime Coleslaw Veg: Thai'd Up Quesadilla - Food Committee Halal: Butter Milk Chicken 		
SALAD BAR	Bacon Potato Salad Romaine	Kimchi Salad Garden Salad	Seasonal Fruits & Sala Coleslaw Mixed Greens	• Hawaiian Macaroni Salad • Romaine	• Tomato and Cucumber Salad • Iceberg		
DINNER	Kedjenou Chicken - Mrs. Mpigi Lemon Thyme Rice Sausage - Basil & Mustard - Pasta - Student Survey Pizza Pineapple Salsa Veg: Hawaiian Luau Barbecued Gluten Halal: Sausage - Basil & Mustard - Pasta - Student Survey	 Indian Butter Chicken Braised Beef Roti Pizza Indian Spiced Cauliflower Veg: Indian Butter Paneer Halal: Indian Butter Chicken 	 Mapo Tofu Dinner Roll Cilantro lime Chicken Pizza Charred Green Beans Veg: Mapo Tofu Halal: Cilantro lime Chicken 	 Caribbean Beef Stew Spanish Spiced Rubbed Chicken Carrot Rice Turkish lahmacun (pizza) Student Survey Southern Fried Cabbage Veg: Steam Egg W/ Mushroom Halal: Spanish Spiced Rubbed Chicken 	 Chef's Special Sushi Seasweed Salad Edamame Veg: Sushi Halal: Sushi 	 Mexican Pork in Tomatillo Sauce Filipino Beef Salpicao Garlic Cilantro Lime Rice Baked Seasonal Vegetables Veg: Spicy Potato Curry Halal: Spanish Chicken & Potato Roast 	 Nigerian Tomato Stew Student Survey Crispy Shrimp Pasta Rice with Lentils Stir-Fried Seasonal Vegetable Veg: Moroccon Lentils Stew Halal: Crispy Shrimp Pasta
		•	Seasonal Fruits & Sala	Γ	Seasonal Fruits & Salad		
		Snack (9:00p	om - 9:30pm)				

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- Breakfast: unlimited whole wheat toast, 2% milk, oatmeal is provided every morning & assorted juices provided daily.
- Dinner: unlimited serving
- Salad Bar: unlimited self-serving