



# BRONTE

C O L L E G E

## BRONTE COLLEGE WEEKLY MENU (WEEK 1 - FEBRUARY 2 - 8, 2026)

|           | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  | SUNDAY   |  |
|-----------|--|--|---|--|---|---|--|--|
| BREAKFAST | <ul style="list-style-type: none"> <li>Assorted Muffins</li> <li>Sausage Patty</li> <li>Yogurt</li> <li>Hard-Boiled Egg</li> <li>Cereal/Milk</li> </ul>  | <ul style="list-style-type: none"> <li>Assorted Bagel</li> <li>Hard-Boiled Egg</li> <li>Breakfast Patty</li> <li>Yogurt</li> <li>Cereal/Milk</li> </ul>  | <ul style="list-style-type: none"> <li>Cold Cuts</li> <li>Steamed Buns</li> <li>Frittata</li> <li>Yogurt</li> <li>Cereal/Milk</li> </ul>  | <ul style="list-style-type: none"> <li>Pancakes</li> <li>Scrambled Eggs</li> <li>Bacon</li> <li>Yogurt</li> <li>Cereal/Milk</li> </ul>   | <ul style="list-style-type: none"> <li>Rasin Bread</li> <li>Omelette</li> <li>Sausage</li> <li>Hashbrowns</li> <li>Yogurt</li> <li>Cereal/Milk</li> </ul>   | <ul style="list-style-type: none"> <li>Seasonal Fruits</li> </ul>   |  |  |
|           | <ul style="list-style-type: none"> <li>Seasonal Fruits</li> </ul>  |  |   |  |   |   |  |  |
| LUNCH     | <ul style="list-style-type: none"> <li>HK Baked Tomato Pork Chop Rice</li> <li>Greek-style Lemon Potatoes</li> <li>Chicken Enchiladas</li> <li>Grilled Seasonal Vegetable</li> <li><b>Veg:</b> Persian Kotlet - Food Committee</li> <li><b>Halal:</b> Mexican Beef Soup</li> </ul>     | <ul style="list-style-type: none"> <li>One- Pan-Jambalaya</li> <li>Macao Garlic Beef Stir Fry</li> <li>Garlic Rice</li> <li>Steamed Seasonal Vegetable</li> <li><b>Veg:</b> Stew Tofu with Vegetables</li> <li><b>Halal:</b> Macao Garlic Beef Stir Fry</li> </ul>   | <ul style="list-style-type: none"> <li>Chicken with Red Thai Sauce</li> <li>Sweet Potato Fries</li> <li>Beef Cheese Burger - Student Survey</li> <li>Stir-Fried Seasonal Vegetable</li> <li><b>Veg:</b> Perogies with Onions</li> <li><b>Halal:</b> Chicken with Red Thai Sauce</li> </ul>                              | <ul style="list-style-type: none"> <li>Chipotle Lime Chicken Tacos</li> <li>Spicy Korean BBQ Pork - Food Committee</li> <li>Seasoned Rice</li> <li><b>Veg:</b> Black Bean and Cheese Enchiladas</li> <li><b>Halal:</b> Chipotle Lime Chicken Tacos</li> </ul>                                    | <ul style="list-style-type: none"> <li>Indian Shrimp Curry</li> <li>Hungarian Chicken Paprikash</li> <li>Indian Pilau Rice</li> <li>Creamed Spinach</li> <li><b>Veg:</b> Potato Stew - Food Committee</li> <li><b>Halal:</b> Indian Shrimp Curry</li> </ul> | <ul style="list-style-type: none"> <li>(Brunch)</li> <li>Smoked Salmon Eggs Benedict</li> <li>Samosa</li> <li>Chicken Fried Rice - Food Committee</li> <li>Yogurt</li> <li>Cereal/Milk</li> <li>Stir-Fried Seasonal Vegetable</li> <li>Congee</li> <li><b>Veg:</b> Eggs &amp; Tomato Benedict</li> <li><b>Halal:</b> White Bean Beef Chili</li> <li>Seasonal Fruits</li> <li>Salad</li> </ul> | <ul style="list-style-type: none"> <li>(Brunch)</li> <li>Chicken Caesar Wrap</li> <li>Creamy Au Gratin Potatoes</li> <li>Sausage &amp; Egg Casserole</li> <li>Cereal/Milk</li> <li>Congee</li> <li><b>Veg:</b> Warm Corn &amp; Avocado Salad</li> <li><b>Halal:</b> Chicken Caesar Wrap</li> <li>Seasonal Fruits</li> <li>Salad</li> </ul> |  |
|           | <ul style="list-style-type: none"> <li>Seasonal Fruits &amp; Salad</li> </ul>  |  |   |  |   |   |  |  |
| SALAD BAR | <ul style="list-style-type: none"> <li>Corn and Black-Eye Pea Salad</li> <li>Romaine</li> </ul>  | <ul style="list-style-type: none"> <li>Greek Salad</li> <li>GardenSalad</li> </ul>   | <ul style="list-style-type: none"> <li>Mixed Beans Salad</li> <li>Mixed Greens</li> </ul>   | <ul style="list-style-type: none"> <li>Dill Cucumber Salad</li> <li>Romaine</li> </ul>   | <ul style="list-style-type: none"> <li>Chickpea Salad</li> <li>Iceberg</li> </ul>   |   |  |  |
| DINNER    | <ul style="list-style-type: none"> <li>Indonesian Beef Satay</li> <li>Cod Fish Cakes</li> <li>French Baguette</li> <li>Pizza</li> <li>Steamed Seasonal Vegetables</li> <li>Congee</li> <li><b>Veg:</b> Caribbean Vegetarian Fricassee</li> <li><b>Halal:</b> Seafood Creole</li> </ul> | <ul style="list-style-type: none"> <li>Nigerian Chicken Fried Rice - Food Committee</li> <li>Kabsa</li> <li>Egyptian Spicy Ketchup Potatoes</li> <li>Pizza</li> <li>Ethiopian Stir Fry Cabbage</li> <li>Congee</li> <li><b>Veg:</b> Aloo Gobi Masala</li> <li><b>Halal:</b> Linguine With Tuna Puttanesca</li> </ul> | <ul style="list-style-type: none"> <li>Sweet &amp; Sour Pork</li> <li>Brazilian White Rice</li> <li>Garlic Shrimp - Food Committee</li> <li>Pizza</li> <li>Stir-Fried Seasonal Vegetables</li> <li>Congee</li> <li><b>Veg:</b> Spanish Tofu W/ Lentils</li> <li><b>Halal:</b> Garlic Shrimp - Food Committee</li> </ul> | <ul style="list-style-type: none"> <li>Lasagna</li> <li>Mushroom Risotto</li> <li>Filipino Adobo Chicken With Ginger</li> <li>Pizza</li> <li>Spicy Indian Green Beans</li> <li>Congee</li> <li><b>Veg:</b> Mushroom Risotto</li> <li><b>Halal:</b> Filipino Adobo Chicken With Ginger</li> </ul> | <ul style="list-style-type: none"> <li>Chef's Special</li> <li>Sushi</li> <li>Mashed Potatoes</li> <li>Pizza</li> <li>Grilled Seasonal Vegetable</li> <li>Congee</li> <li><b>Veg:</b> Sushi</li> <li><b>Halal:</b> Sushi</li> </ul>                         | <ul style="list-style-type: none"> <li>El Pollo Rico - Peruvian Roast Chicken</li> <li>Beef Lasagna</li> <li>Steamed Potatoes</li> <li>Baked Seasonal Vegetables</li> <li><b>Veg:</b> Tuscan Garlic Beans and Vegetables Wrap</li> <li><b>Halal:</b> El Pollo Rico - Peruvian Roast Chicken</li> </ul>  |  |  |
|           | <ul style="list-style-type: none"> <li>Seasonal Fruits &amp; Salad</li> </ul>  |  |   |  |   |   |  |  |
|           | <p><b>Snack (9:00pm - 9:30pm)</b></p>  |  |   |  |   |   |  |  |

- Menu items are subject to change upon availability

- Breakfast: unlimited whole wheat toast, 2% milk, oatmeal is provided every morning & assorted juices provided daily.

- Dinner: unlimited serving

- Salad Bar: unlimited self-serving



# BRONTE

C O L L E G E

## BRONTE COLLEGE WEEKLY MENU (WEEK 5 - JANUARY 26 - FEBRUARY 1, 2026)

|                  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY  | SUNDAY  |
|------------------|--|---|--|--|--|---|---|
| <b>BREAKFAST</b> | <b>(Brunch)</b> <ul style="list-style-type: none"><li>Assorted Muffins</li><li>Hard-Boiled Egg</li><li>Cold Cuts</li><li>Yogurt</li><li>Cereal/Milk</li><li>Congee</li><li>Chicken Burger &amp; Sweet Potatoes Fries<br/>- Student Survey</li><li>Garlic Ginger Glazed Sticky Pork</li><li>Tortilla</li><li>Baked Seasonal Vegetable</li><li><b>Veg:</b> Greek Moussaka</li><li><b>Halal:</b> Chicken Burger &amp; Sweet Potatoes Fries<br/>- Student Survey</li></ul> | <b>(Brunch)</b> <ul style="list-style-type: none"><li>Assorted Bagel</li><li>Sunny Side Eggs</li><li>Breakfast Patty</li><li>Yogurt</li><li>Cereal/Milk</li><li>Congee</li><li>Southwest Turkey Mac n Cheese</li><li>Butter Pasta</li><li>Gamjatang - Korean Pork Bone Soup</li><li>Steamed Seasonal Vegetable</li><li><b>Veg:</b> Smoky White Bean Shakshuka</li><li><b>Halal:</b> Southwest Turkey Mac n Cheese</li></ul> | <b>(Brunch)</b> <ul style="list-style-type: none"><li>Steamed Buns</li><li>Hashbrowns</li><li>Frittata</li><li>Yogurt</li><li>Cereal/Milk</li><li>Congee</li><li>Moqueca Baiana - Brazilian Fish Stew</li><li>Chinese Chicken Curry<br/>- Mrs. Mpigi</li><li>Coconut Rice</li><li>Grilled Seasonal Vegetable</li><li><b>Veg:</b> Artichoke Spinach Lasagna<br/>- Food Committee</li><li><b>Halal:</b> Moqueca Baiana - Brazilian Fish Stew</li></ul> | <b>(Brunch)</b> <ul style="list-style-type: none"><li>Pancakes</li><li>Bacon</li><li>Scrambled Eggs</li><li>Yogurt</li><li>Cereal/Milk</li><li>Congee</li><li>Chicken Alfredo Pasta</li><li>Bay Leaf Rice</li><li>Bi Bim Bap - Korean Mixed Rice</li><li>Maple Dill Carrots</li><li><b>Veg:</b> Bi Bim Bap - Korean Mixed Rice</li><li><b>Halal:</b> Chicken Alfredo Pasta</li></ul> | <b>(Brunch)</b> <ul style="list-style-type: none"><li>Waffles</li><li>Omelette</li><li>Sausage</li><li>Yogurt</li><li>Cereal/Milk</li><li>Congee</li><li>Fish &amp; Chips</li><li>Butter Milk Chicken</li><li>French Fries</li><li>Cumin Lime Coleslaw</li><li><b>Veg:</b> Thai'd Up Quesadilla<br/>- Food Committee</li><li><b>Halal:</b> Butter Milk Chicken</li></ul> | <b>(Brunch)</b> <ul style="list-style-type: none"><li>Crispy Lemon Chicken</li><li>Spaghetti with Sausages<br/>- Food Committee</li><li>Turkish Menemen</li><li>Steamed Seasonal Vegetable</li><li><b>Veg:</b> Onion and White Bean Bake</li><li><b>Halal:</b> Baked Chicken Cordon Bleu<br/>- Food Committee</li><li>Seasonal Fruits</li><li>Salad</li></ul> |   |
| <b>LUNCH</b>     | • Seasonal Fruits & Salad  |   |  |  |  |   |   |
| <b>SALAD BAR</b> | <ul style="list-style-type: none"><li>Bacon Potato Salad</li><li>Romaine</li></ul>   | <ul style="list-style-type: none"><li>Kimchi Salad</li><li>Garden Salad</li></ul>   | <ul style="list-style-type: none"><li>Coleslaw</li><li>Mixed Greens</li></ul>  | <ul style="list-style-type: none"><li>Hawaiian Macaroni Salad</li><li>Romaine</li></ul>  | <ul style="list-style-type: none"><li>Tomato and Cucumber Salad</li><li>Iceberg</li></ul>  |   |   |
| <b>DINNER</b>    | <ul style="list-style-type: none"><li>Kedjenou Chicken<br/>- Mrs. Mpigi</li><li>Lemon Thyme Rice</li><li>Sausage - Basil &amp; Mustard - Pasta<br/>- Student Survey</li><li>Pizza</li><li>Pineapple Salsa</li><li><b>Veg:</b> Hawaiian Luau Barbecued Gluten</li><li><b>Halal:</b> Sausage - Basil &amp; Mustard - Pasta<br/>- Student Survey</li></ul>  | <ul style="list-style-type: none"><li>Indian Butter Chicken</li><li>Braised Beef</li><li>Roti</li><li>Pizza</li><li>Indian Spiced Cauliflower</li><li><b>Veg:</b> Indian Butter Paneer</li><li><b>Halal:</b> Indian Butter Chicken</li></ul>  | <ul style="list-style-type: none"><li>Mapo Tofu</li><li>Dinner Roll</li><li>Cilantro lime Chicken</li><li>Pizza</li><li>Charred Green Beans</li><li><b>Veg:</b> Mapo Tofu</li><li><b>Halal:</b> Cilantro lime Chicken</li></ul>  | <ul style="list-style-type: none"><li>Caribbean Beef Stew</li><li>Spanish Spiced Rubbed Chicken</li><li>Carrot Rice</li><li>Turkish Lahmacun (pizza)<br/>- Student Survey</li><li>Southern Fried Cabbage</li><li><b>Veg:</b> Steam Egg W/ Mushroom</li><li><b>Halal:</b> Spanish Spiced Rubbed Chicken</li></ul>   | <ul style="list-style-type: none"><li>Chef's Special</li><li>Sushi</li><li>Seaweed Salad</li><li>Edamame</li><li><b>Veg:</b> Sushi</li><li><b>Halal:</b> Sushi</li></ul>   | <ul style="list-style-type: none"><li>Mexican Pork in Tomatillo Sauce</li><li>Filipino Beef Salpicao</li><li>Garlic Cilantro Lime Rice</li><li>Baked Seasonal Vegetables</li><li><b>Veg:</b> Spicy Potato Curry</li><li><b>Halal:</b> Spanish Chicken &amp; Potato Roast</li></ul>  | <ul style="list-style-type: none"><li>Nigerian Tomato Stew<br/>- Student Survey</li><li>Crispy Shrimp Pasta</li><li>Rice with Lentils</li><li>Stir-Fried Seasonal Vegetable</li><li><b>Veg:</b> Moroccan Lentils Stew</li><li><b>Halal:</b> Crispy Shrimp Pasta</li></ul> |
|                  | • Seasonal Fruits & Salad  |   |  |  |  | • Seasonal Fruits & Salad   |   |
|                  | Snack (9:00pm - 9:30pm)  |   |  |  |  |   |   |