



BRONTE

C O L L E G E

BRONTE COLLEGE WEEKLY MENU (WEEK 2 - AUGUST 10 - 16, 2026)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	- Assorted Muffins - Hard-Boiled Egg - Cold Cuts - Congee - Yogurt - Cereal/Milk	- Assorted Bagel - Sunny Side Egg - Breakfast Patty - Congee - Yogurt - Cereal/Milk	- Hashbrowns - Steamed Buns - Frittata - Congee - Yogurt - Cereal/Milk	- Pancakes - Scrambled Eggs - Bacon - Yogurt - Congee - Cereal/Milk	- Waffles - Omelette - Sausage - Congee - Yogurt - Cereal/Milk	(Brunch) - Crispy Lemon Chicken - Spaghetti with Sausages - Food Committee - Turkish Menemen - Steamed Seasonal Vegetable Halal: Baked Chicken Cordon Bleu - Food Committee - Seasonal Fruits - Salad	(Brunch) - Spinach Quiche - Chicken, Shrimp-Fried Rice - Student Survey - Steamed Seasonal Vegetable Halal: Chicken – Fried Rice - Student Survey - Seasonal Fruits - Salad
	• Seasonal Fruits						
LUNCH	- Chicken Burger & Sweet Potatoes Fries -Student Survey - Garlic Ginger Glazed Sticky Pork - Tortilla - Baked Seasonal Vegetable Halal: Chicken Burger & Sweet Potatoes Fries -Student Survey	- Southwest Turkey Mac n Cheese - Butter Pasta - Gamjatang – Korean Pork Bone Soup - Steamed Seasonal Vegetable Halal: Southwest Turkey Mac n Cheese	- Moqueca Baiana – Brazilian Fish Stew - Butter Milk Chicken - Coconut Rice - Grilled Seasonal Vegetable Halal: Moqueca Baiana – Brazilian Fish Stew	- Chicken Alfredo Pasta - Bay Leaf Rice - Bi Bim Bap – Korean Mixed Rice - Maple Dill Carrots Halal: Chicken Alfredo Pasta	- Fish & Chips - French Fries - Chinese Chicken Curry -Mrs. Mpigi - Cumin Lime Coleslaw Halal: Butter Milk Chicken		
	• Seasonal Fruits & Salad						
SALAD BAR	- Bacon Potato Salad - Romaine	- Kimchi Salad - Garden Salad	- Coleslaw - Mixed Greens	- Hawaiian Macaroni Salad - Romaine	- Tomato and Cucumber Salad - Iceberg		
DINNER	- Kedjenou Chicken -Mrs.Mpigi - Lemon Thyme Rice - Sausage – Basil & Mustard – Pasta -Student Survey - Pizza - Pineapple Salsa Halal: Sausage – Basil & Mustard – Pasta -Student Survey	- Indian Butter Chicken - Braised Beef - Roti - Pizza - Indian Spiced Cauliflower Halal: Indian Butter Chicken	- Mapo Tofu - Dinner Roll - Cilantro Lime Chicken - Pizza - Charred Green Beans Halal: Cilantro Lime Chicken	- Caribbean Beef Stew - Spanish Spiced Rubbed Chicken - Carrot Rice - Turkish Lahmucun (Pizza) -Student Survey - Southern Fried Cabbage Halal: Spanish Spiced Rubber Chicken -Food Committee	- Chef’s Special - Sushi - Seaweed Salad - Edamame Halal: Sushi	- Mexican Pork in Tomatillo Sauce - Filipino Beef Salpical - Garlic Cilantro Lime Rice - Baked Seasonal Vegetables Halal: Spanish Chicken & Potato Roast	- Nigerian Tomato Stew -Student Survey - Crispy Shrimp Pasta - Rice with Lentils - Stir-Fried Seasonal Vegetable Halal: Crispy Shrimp Pasta
	• Seasonal Fruits & Salad					• Seasonal Fruits & Salad	
	Snack (9:00pm - 9:30pm)						

- Menu items are subject to change upon availability
- Breakfast: unlimited whole wheat toast, 2% milk, oatmeal is provided every morning & assorted juices provided daily.
- Dinner: unlimited serving
- Salad Bar: unlimited self-serving



BRONTE

C O L L E G E

BRONTE COLLEGE WEEKLY MENU (WEEK 1 - AUGUST 3 - 9, 2026)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	• Breakfast Muffins • Sunny Side Egg • Sausage Patty • Congee • Yogurt • Cereal/Milk	• Crumpets • Hard-Boiled Egg • Breakfast Patty • Soup • Yogurt • Cereal/Milk	• Waffle • Steamed Buns • Frittata • Congee • Yogurt • Cereal/Milk	• Potato Pancakes • Scrambled Eggs • Bacon • Yogurt • Soup • Cheese • Cereal/Milk	• English Muffins • Omelette • Cold Cuts • Congee • Yogurt • Cereal/Milk	(Brunch) • Jamaican Beef Patties • Spinach and Potato Frittata • Grilled Cheese Sandwich • Cereal/Milk • Stir-Fried Seasonal Vegetable • Congee • Halal: Indian Lamb Rogan Josh • Seasonal Fruits • Salad	(Brunch) • Chicken in Basil Cream • French Toast • Hearty Egg Scramble <i>-Food Committee</i> • Cereal/Milk • Steamed Seasonal Vegetable • Congee • Halal: Tortellini Soup with Sausage <i>-Food Committee</i> • Seasonal Fruits • Salad
	• Seasonal Fruits						
LUNCH	• Nigerian Beef Stew <i>-Amima Tokulah</i> • Nigerian Jollof Rice <i>-Amima Tokulah</i> • Kung Pao Chicken <i>-Student Survey</i> • Grilled Seasonal Vegetable • Halal: Kung Pao Chicken <i>-Student Survey</i>	• Deb's Scallops Florentine • Kimchi Fried Rice • Herbs with Rice • Roasted Garlic Lemon Broccoli • Halal: Spinach & Seafood Wonderpot	• Szechuan Spicy Eggplant • Hot Dog W/ Onion Rings <i>-Student Survey</i> • Seasoned Rice • Halal: Hot Dog W/ Onion Rings <i>-Student Survey</i>	• Austrian Chicken Schnitzel • Jjajang Myeon • Baked Potatoes • Grilled Seasonal Vegetable • Halal: Austrian Chicken Schnitzel	• Grilled Salmon W/ Garlic & Dijon • Creamy Chicken Fajita Pasta <i>-Food Committee</i> • Bombay Potatoes • Roasted Seasonal Vegetable • Halal: Tandoori Fish		
	• Seasonal Fruits & Salad						
SALAD BAR	• Edamame Salad • Romaine	• Maple Bean Salad • Garden Salad	• Cucumber Salad • Mixed Greens	• Ginger Sesame Cabbage Salad • Romaine	• Cauliflower Potato Salad • Iceberg		
DINNER	• Kotlet- Persian meat patties <i>-Student Survey</i> • Chili Pork with Apricot Glaze • Mushroom Rice • Crispy Edamame • Halal: Persian meat patties <i>-Student Survey</i>	• Greek Roast Lamb • Honey Garlic Chicken • Greek-Style Lemon Roasted Potatoes • Steamed Seasonal Vegetables • Halal: Greek Roast Lamb	• Southern Style Grilled Chicken Wings • Macaroni Salad • Spicy Oven Baked Fish • Stir-Fried Seasonal Vegetables • Halal: Southern Style Grilled Chicken Wings	• Chicken W/ Sun-Dried Tomato Cream Sauce • Lemongrass Coconut Rice <i>-Food Committee</i> • Shepherd Pie • Steamed Seasonal Vegetable • Halal: Doro Wat (Ethiopian Chicken Stew) <i>-Food Committee</i>	• Seafood Lasagna • Chef's Special • Roasted Garlic Cauliflower • Halal: Seafood Lasagna	• Greek Beef Stifado • Kenyan Dhania Chicken Curry • Greek Style Potatoes • Baked Seasonal Vegetables • Halal: Greek Beef Stifado	• Pan Fried Noodles <i>-Student Survey</i> • Cote d'Ivoire - African Kedjenou Chicken • Garlic Butter Rice • Grilled Seasonal Vegetable • Halal: Pan Fried Noodles <i>-Student Survey</i>
	• Seasonal Fruits & Salad					• Seasonal Fruits & Salad	
	Snack (9:00pm - 9:30pm)						

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