



BRONTE COLLEGE WEEKLY MENU (WEEK 2 - OCTOBER 5 - 11, 2026)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	- Assorted Muffins - Hard-Boiled Egg - Cold Cuts - Yogurt - Cereal/Milk - Congee	- Assorted Bagel - Sunny Side Eggs - Breakfast Patty - Yogurt - Cereal/Milk - Soup	- Steamed Buns - Hashbrowns - Frittata - Yogurt - Cereal/Milk - Congee	- Pancakes - Bacon - Scrambled Eggs - Yogurt - Cereal/Milk - Soup	- Waffles - Omelette - Sausage - Yogurt - Cereal/Milk - Congee		
	Seasonal Fruits						
LUNCH	- Chicken Burger & Sweet Potatoes Fries - Student Survey - Garlic Ginger Glazed Sticky Pork - Tortilla - Baked Seasonal Vegetable Halal: Chicken Burger & Sweet Potatoes Fries - Student Survey	- Southwest Turkey Mac n Cheese - Butter Pasta - Gamjatang - Korean Pork Bone Soup - Steamed Seasonal Vegetable Halal: Southwest Turkey Mac n Cheese	- Moqueca Baiana - Brazilian Fish Stew - Chinese Chicken Curry - Mrs. Mpigi - Coconut Rice - Grilled Seasonal Vegetable Halal: Moqueca Baiana - Brazilian Fish Stew	- Chicken Alfredo Pasta - Bay Leaf Rice - Bi Bim Bap - Korean Mixed Rice - Maple Dill Carrots Halal: Chicken Alfredo Pasta	- Fish & Chips - Butter Milk Chicken - French Fries - Cumin Lime Coleslaw Halal: Butter Milk Chicken	(Brunch) - Crispy Lemon Chicken - Spaghetti with Sausages - Food Committee - Turkish Menemen - Steamed Seasonal Vegetable Halal: Baked Chicken Cordon Bleu - Food Committee - Seasonal Fruits - Salad	(Brunch) - Spinach Quiche - Chicken , Shrimp-Fried Rice - Student Survey - Steamed Seasonal Vegetable Halal: Chicken - Fried Rice - Student Survey - Seasonal Fruits - Salad
	Seasonal Fruits & Salad						
SALAD BAR	- Bacon Potato Salad - Romaine	- Kimchi Salad - Garden Salad	- Coleslaw - Mixed Greens	- Hawaiian Macaroni Salad - Romaine	- Tomato and Cucumber Salad - Iceberg		
DINNER	- Kedjenou Chicken - Mrs. Mpigi - Lemon Thyme Rice - Sausage - Basil & Mustard - Pasta - Student Survey - Pizza - Pineapple Salsa Halal: Sausage - Basil & Mustard - Pasta - Student Survey	- Indian Butter Chicken - Braised Beef - Roti - Pizza - Indian Spiced Cauliflower Halal: Indian Butter Chicken	- Mapo Tofu - Dinner Roll - Cilantro lime Chicken - Pizza - Charred Green Beans Halal: Cilantro lime Chicken	- Caribbean Beef Stew - Spanish Spiced Rubbed Chicken - Carrot Rice - Turkish lahmacun (pizza) - Student Survey - Southern Fried Cabbage Halal: Spanish Spiced Rubbed Chicken	- Chef’s Special - Sushi - Seasweed Salad - Edamame Halal: Sushi	- Mexican Pork in Tomatillo Sauce - Filipino Beef Salpicao - Garlic Cilantro Lime Rice - Baked Seasonal Vegetables Halal: Spanish Chicken & Potato Roast	- Nigerian Tomato Stew - Student Survey - Crispy Shrimp Pasta - Rice with Lentils - Stir-Fried Seasonal Vegetable Halal: Crispy Shrimp Pasta
	Seasonal Fruits & Salad						
	Snack (9:00pm - 9:30pm)						

- Menu items are subject to change upon availability
- Breakfast: unlimited whole wheat toast, 2% milk, oatmeal is provided every morning & assorted juices provided daily.
- Dinner: unlimited serving
- Salad Bar: unlimited self-serving



BRONTE

C O L L E G E

BRONTE COLLEGE WEEKLY MENU (WEEK 1 - SEPTEMBER 28 - OCTOBER 4, 2026)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
BREAKFAST	• Breakfast Muffins • Sunny Side Egg • Sausage Patty • Congee • Yogurt • Cereal/Milk	• Crumpets • Hard-Boiled Egg • Breakfast Patty • Soup • Yogurt • Cereal/Milk	• Waffle • Steamed Buns • Frittata • Congee • Yogurt • Cereal/Milk	• Potato Pancakes • Scrambled Eggs • Bacon • Yogurt • Soup • Cheese • Cereal/Milk	• English Muffins • Omelette • Cold Cuts • Congee • Yogurt • Cereal/Milk				
	• Seasonal Fruits								
LUNCH	• Nigerian Beef Stew -Amima Tokulah • Nigerian Jollof Rice -Amima Tokulah • Kung Pao Chicken - Student Survey • Grilled Seasonal Vegetable • Halal: Kung Pao Chicken - Student Survey	• Deb’s Scallops Florentine • Kimchi Fried Rice • Herbs with Rice • Roasted Garlic Lemon Broccoli • Halal: Spinach & Seafood Wonderpot	• Szechuan Spicy Eggplant • Hot Dog W/ Onion Rings - Student Survey • Seasoned Rice • Halal: Hot Dog W/ Onion Rings - Student Survey	• Austrian Chicken Schnitzel • Rigatoni Alla Buttera • Baked Potatoes • Grilled Seasonal Vegetable • Halal: Austrian Chicken Schnitzel	• Grilled Salmon W/ Garlic & Dijon • Creamy Chicken Fajita Pasta - Food Committee • Bombay Potatoes • Roasted Seasonal Vegetable • Halal: Tandoori Fish			(Brunch) • Jamaican Beef Patties • Spinach and Potato Frittata • Banh Mi • Cereal/Milk • Stir-Fried Seasonal Vegetable • Congee • Halal: Indian Lamb Rogan Josh • Seasonal Fruits • Salad	(Brunch) • Chicken in Basil Cream • French Toast • Hearty Egg Scramble - Food Committee • Cereal/Milk • Steamed Seasonal Vegetable • Congee • Halal: Tortellini Soup with Sausage - Food Committee • Seasonal Fruits • Salad
	• Seasonal Fruits & Salad								
	SALAD BAR	• Edamame Salad • Romaine	• Maple Bean Salad • Garden Salad	• Cucumber Salad • Mixed Greens	• Ginger Sesame Cabbage Salad • Romaine				
DINNER	• Roast Beef • Chili Pork with Apricot Glaze • Mushroom Rice • Crispy Edamame • Halal: Persian meat patties - Student Survey	• Greek Roast Lamb • Honey Garlic Chicken • Greek-Style Lemon Roasted Potatoes • Steamed Seasonal Vegetables • Halal: Greek Roast Lamb	• Southern Style Grilled Chicken Wings • Macaroni Salad • Spicy Oven Baked Fish • Stir-Fried Seasonal Vegetables • Halal: Southern Style Grilled Chicken Wings	• Chicken W/ Sun-Dried Tomato Cream Sauce • Lemongrass Coconut Rice - Food Committee • Bobotie • Steamed Seasonal Vegetable • Halal: Doro Wat (Ethiopian Chicken Stew) - Food Committee	• Seafood Lasagna • Chef’s Special • Roasted Garlic Cauliflower • Halal: Seafood Lasagna			• Greek Beef Stifado • Kenyan Dhania Chicken Curry • Greek Style Potatoes • Baked Seasonal Vegetables • Halal: Greek Beef Stifado	• Pan Fried Noodles - Student Survey • Cote d’Ivoire - African Kedjenou Chiccken • Garlic Butter Rice • Grilled Seasonal Vegetable • Halal: Pan Fried Noodles - Student Survey
	• Seasonal Fruits & Salad					• Seasonal Fruits & Salad			
	Snack (9:00pm - 9:30pm)								

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- Breakfast: unlimited whole wheat toast, 2% milk, oatmeal is provided every morning & assorted juices provided daily.
- Dinner: unlimited serving
- Salad Bar: unlimited self-serving